

A-T-E-A-M
Autism Teaching Everyone About Me

A-T-E-A-M
Autism Teaching Everyone About Me

ONLINE RESOURCES + ACTIVITIES

● ■ **NARRATED BOOKS WITH VISUALS** ■

- Baby penguins everywhere <https://youtu.be/bsTNaXF08eA>
- The Hungry Caterpillar (audio & visual) <https://youtu.be/75NQK-Sm1YY>
- The gruffalo (audio & visual) <https://youtu.be/s8sUPp>
- The Gruffalos child <https://youtu.be/MuQm8Qb64EI>
- Cinderella <https://youtu.be/3vo7mV-r8cs>
- The lorax - Dr. SEUSS <https://youtu.be/EdWesdMfyd4>

■ **MOVEMENT** ■

- One little finger <https://youtu.be/eBVqcTEC3zQ>
- Clap your hands <https://youtu.be/C3c8fzbsfOE>
- Move & Freeze Brain Breaks <https://youtu.be/388Q44ReOW>

■ **MUSIC** ■

- Little Baby Bum nursery rhymes <https://youtu.be/tFoUuFq3vHw> (1hr)
- Little baby bum <https://youtu.be/HP-MbfHFUq> (54 mins)
- The piano man <https://youtu.be/22kqia2ibVU>
- Colours <https://youtu.be/ybt2jhCO3lA>
- Shapes <https://youtu.be/thTil2DVkac>
- Days of the week <https://youtu.be/3txorvuXIRg>
- Months of the year <https://youtu.be/Fe9bnYRzFvk>
- What's the weather like today <https://youtu.be/KUSbzn3STo>
- Weather vocabulary <https://youtu.be/CXKj7bm4Ops>
- Counting (1-5) <https://youtu.be/SV6iC34a46w>
- Counting (1-10) <https://youtu.be/Yt8GFgxlITs>
- Counting (1-20) <https://youtu.be/DOAjQ682yrA>
- Counting (1-50) <https://youtu.be/4tlef7U13RI>
- Fruit song <https://youtu.be/mfReSbQ7jzE>
- Places flashcards <https://youtu.be/jkOvpGEU4jo>
- Action words vocabulary <https://youtu.be/d8SbAkn3uvs>
- Planet earth <https://youtu.be/dk8zDjQToaE>
- Solar System Song <https://youtu.be/F2prtmPEjOc>

■ **MINDFULNESS** ■

- Cosmic kids Zen Den <https://youtu.be/wf5K3pP2IUQ>
- Breathing exercise https://youtu.be/Bk_qU7l-fcU
- Thought bubbles Zen Den <https://youtu.be/xUUqoHuSLSO>
- Mindfulness meditation for kids <https://youtu.be/shR8DLyOkcg>
- Autism sensory calm music <https://youtu.be/8UL89AonkgI>
- Sensory visual music <https://youtu.be/MLRgUMGjxxc>

■ **FURTHER ACTIVITY RESOURCES** ■

- Twinkl (online resource & activities) across all curriculum areas & classes. <https://www.twinkl.ie/offer>

** ONE MONTH CODE "IRLTWINKLHELPS" **

- Nessy is offering 8 weeks of free reading and spelling, structured literacy instruction to children ages 5-13 <https://www.nessy.com/free-trial/signup>
- Pdst have lots of great literacy apps <https://www.pdst.ie/sites/default/files/Literacy%20Apps.pdf>
- Pdst maths app <https://www.pdst.ie/sites/default/files/Maths%20Apps%20iCurriculum.pdf>
- Topmarks have great Maths/English games <https://www.topmarks.co.uk>

■ **ACTIVITIES** ■

- Rainbow rice <https://youtu.be/TPVpSbazRuw>
- Homemade play dough <https://youtu.be/EdraObo-23c>
- Homemade slime https://youtu.be/uimKBp_iqvQ
- Animal drawing <https://youtu.be/7SWvlUd2at8>
- Draw a car https://youtu.be/cYwCVvI9B_M
- Draw a shark <https://youtu.be/Hf-9L4UdhKo>